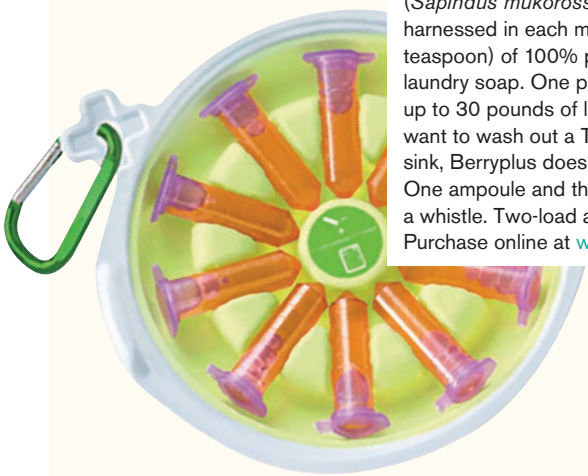


Packing List

New and notable

Berry Clean

Laundry soap that grows on trees? In India, the soapnut (*Sapindus mukorossi*) does and its cleaning power is harnessed in each microdose (2 ml – less than half a teaspoon) of 100% plant-based, eco-friendly **Berryplus** laundry soap. One packet washes, brightens and whitens up to 30 pounds of laundry. For travellers on the go who want to wash out a T-shirt or undergarments in a hotel sink, Berryplus does the job with just a drop or two. One ampoule and the whole family will be clean as a whistle. Two-load ampoule packs start at \$2.99. Purchase online at www.goneshopping.ca.



Safe Screen

A Canadian-made, certified organic SPF 30 sunscreen that contains no known toxic offenders – that's the genius of **Green Beaver Sunscreen**. Free of chemical preservatives, fragrances or dyes, Green Beaver is biodegradable and uses 100% zinc oxide for the best protection against UVA and UVB rays. A 90 ml tube retails for \$19.99 at <http://well.ca/index.html>.



Organic Beauty

Fight the moisture-sucking effect of plane travel on your skin with **Pure+simple's** range of organic hydrosols. Mist onto your face to hydrate and refresh or use after cleansing and toning to soothe inflamed skin and strengthen capillaries. Have oily skin? **Organic Lavender Hydrosol** is perfect for balancing oil production and acts as an anti-bacterial. Prices start at \$12.95/50 ml. For a bikini-ready body, try the firming, circulation-improving **Ginger Root Anti-Cellulite Gel**. Lemon peel oil helps balance fluids in skin cells to ensure optimum circulation, necessary in the battle to banish cellulite. Retailers for \$34.95/100 ml, available at all Pure+simple spas or at www.pureandsimple.ca.



Probiotic Power

No one really wants to think about it, but at least 30% of intrepid tourists end up suffering through an unpleasant bout of traveller's diarrhea. Reduce the chance of this and keep your tummy on track naturally with new Canadian-made **Bio-K+ CL1285®** Regular or Extra Strength capsules. Boosting your digestion can safeguard your system from pathogens found in food and water. Each regular strength enteric-coated capsule contains 30 billion live bacteria – *L. acidophilus* and *L. casei* – to keep you healthy, happy and enjoying your destination without having to visit every bathroom in sight! \$39.99 for a box of 20 capsules. Available in stores or online at www.biokplus.com.



Carry Ons

Goodbye flimsy, landfill-clogging plastic baggies! Hello **RuMe Reveal!** Finally, a durable, handy carry-on solution to bringing liquids, toiletries or snacks aboard your flight. The RuMe Reveal is a translucent, durable, water-resistant fabric bag that's machine washable and zips up to keep you organized. TSA-compliant and food safe, this green solution to baggies is a wise investment. \$7.99, available online at www.goneshopping.ca.

